**TEST №3
SPORT AND OUTDOOR ACTIVITIES**

**ANSWER THE QUESTIONS (WRITING)**

1. What are the benefits of participating in sports and outdoor activities?
2. How do sports contribute to our physical well-being?
3. How do sports and outdoor activities affect our mental health?
4. What are the benefits of engaging in outdoor activities?
5. What is the social impact of participating in sports and outdoor activities?
6. How do sports and outdoor activities promote personal growth?
7. Why is it important to prioritize sports and outdoor activities in our daily lives?